

**Warning Signs:
When to Seek Professional Help**

Child is stuck in the grief process

- * Extreme guilt, denial, disbelief, anger, fear, panic
- * Negative view of self, world, and relationship to it
- * Continued hostile reaction to deceased or putting deceased on a pedestal
- * Daydreaming excessively
- * Marked changes in personality
- * Trouble with sleeping or sleeping too much
- * Loss of appetite, becoming drawn, anorexic, bulimic
- * Sudden attacks of delinquency, stealing or drug involvement
- * Releasing anger in unhealthy ways toward self and others
- * Withdrawing and becoming self-isolated
- * Fear of illness, being abandoned

Children may demonstrate some of these behaviors and feelings beginning of loss; the key is *intensity* and *duration*.

Child is susceptible to suicide

- * Prolonged depression
- * Threats of suicide
- * Previous suicide attempts
- * Irregular eating and/or sleeping habits
- * Loss of interest in life, school or job
- * Giving away possessions or making final arrangements
- * Marked changes in personality or behavior

Our Mission

Hospice of Washington County, Inc.
compassionately serves our community by providing
palliative and end-of-life care to patients and loved ones,
as well as grief support for those coping with a life-changing loss.

301-791-6360

